

Influenza Update- 10-8-09

76 high school students are absent today with influenza-like illness. The MN Dept of Health has been notified per 2009-10 protocol. Activities and sports coaches have been alerted. Students with a fever of 100 degrees or greater, cough, and/or sore throat should stay home from school and activities until they are fever-free for 24 hours without the use of fever-reducing medications. Please call Jane Jacobson, high school nurse at 213-2536 for assistance.

Symptoms of influenza-like illness (ILI) include fever, cough, sore throat, muscle aches, or fatigue and sometimes vomiting and diarrhea. If your child has a health condition (such as asthma, diabetes, lung or heart problems or is pregnant) you should contact their health care provider for instructions, especially if your child develops influenza symptoms