



## Chisago Lakes Schools Food Service 2011-12 Lunch Menu Calendar

Follow the calendar and the color key to see what is on the menu each day of the school year.

Menus are subject to change. Alternate choices including sandwich, salad or other entrees are available daily.

Everyday Chisago Lakes students enjoy a healthy lunch. As a participant in the National School Lunch Program, we serve lunches that follow a meal pattern designed to reflect the Dietary Guidelines for Americans. Each meal has protein, fruit and vegetable, grains (bread) and milk. We offer whole grain and fresh fruit and vegetable choices daily. Milk choices include 1%, skim, and skim chocolate. Lactose free milk is available with a written request. Nutritional analysis of all meals are available each month on the district website.

If your family meets the eligibility requirements your child may receive free or reduced price meals. An adult household member needs to fill out the application, which is available at your child's school, on the district website or by calling the food service office at 213-2066. Applications are taken throughout the year.

We encourage parents to visit the district website at: [www.chisagolakes.k12.mn.us](http://www.chisagolakes.k12.mn.us) and use the automatic payment system at: [www.paypams.com](http://www.paypams.com)

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Monday	Tuesday	Wednesday	Thursday	Friday
Hot Dog on Bun Confetti Puffs Baked Beans Cherries, Berries & Pears	Chicken Nuggets Crazy Carrots w/Dip Apple Wedges w/ Caramel Dip	Lunch-A-Round Pizza Garden Harvest Salad Fresh Fruit	Cheesy Quesadillas w/ Fresh Fixings Fiesta Salad Fresh Fruit Juice Bar	Super Sub Sandwich w/Fresh Fixings Baked Chips Veggie Sticks w/Dip Fresh Fruit

Monday	Tuesday	Wednesday	Thursday	Friday
Grilled Chicken Patty on Bun w/Fresh Fixings Oven Fries Orange Smiles	Tacos w/Fresh Fixings Rice & Black Beans Corn Citrus Salad Fresh Fruit	Stuffed Sticks w/ Dunking Sauce Garden Harvest Salad Baked Apples	Mini Burgers w/Buns & Fresh Fixings Cucumber Apple Salad Peaches & Pears	Crunchy Hawaiian Chicken Wrap Veggie Sticks w/Dip Fresh Fruit Treat

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Corn Dogs Confetti Puffs Peas & Carrots Mixed Up Fruit Cup	Chicken Strips Rice Broccoli & Cauliflower Pineapple Tidbits Fortune Cookie	Hamburger on Bun w/Fresh Fixings Oven Fries Cherries, Berries & Pears	Stuffed Crust Pizza Italian Bean & Pasta Salad Fresh Fruit	Turkey Patty on Bun w/Fresh Fixings Veggie Sticks w/Dip Fresh Fruit Treat

Monday	Tuesday	Wednesday	Thursday	Friday
Shrimp Poppers OR Chicken Poppers Macaroni & Cheese Green Beans Juice Bar	Mini Hot Dogs on Buns Baked Beans Broccoli Slaw Fresh Fruit	French Toast Sticks OR Pancakes Sausage Tri-Tater Orange Juice	Chicken Nuggets Mashed Potatoes w/ Gravy Honey Carrot Coins Mixed Up Fruit Cup	Tacos w/Fresh Fixings Refried Beans Corn Citrus Salad Fresh Fruit

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Smackers Baby Carrots Pineapple Tidbits Fortune Cookie	Nachos Grande' w/ Fresh Fixings Chipotle Rice & Red Beans Fresh Fruit	Italian Dunkers w/ Sauce Garden Harvest Salad Peaches & Pears	Corn Dog Roasted Vegetables Citrus Salad Fresh Fruit	Baja Fish Sticks Spring Salad Mix Fresh Fruit Treat

### 2011-12 Meal Prices

Elementary Lunch	\$1.95	Breakfast	\$1.10
Secondary Lunch	\$2.10	Milk	\$ .50
Adult Lunch	\$3.50	Mega Byte	\$1.00

September 2011				
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

October 2011				
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

November 2011				
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

December 2011				
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

January 2012				
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

February 2012				
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29		

March 2012				
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

April 2012				
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

May 2012				
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

June 2012				
				1
4	5			