

# Pathways & Trio Wolf Creek Menu

# September 2011

Monday

Tuesday

Wednesday

Thursday

Friday



Welcome Back!! September is National Rice Month! It is an ancient grain and modern food. It can be served at any meal!

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2

## A La Carte

### Have a Question?

School meal financial assistance or meal service questions or concerns, call: 651-2506

**Breakfast is Available at ALL schools every morning.**

## School News

### Food Service Information

Pre-pay for school meals at [www.paypams.com](http://www.paypams.com) Or 1-888-994-5100

### Lunch Prices Secondary

Student \$2.10  
Reduced Price \$ .40  
Adult Price \$3.50  
Milk \$ .50

5

Labor Day  
NO SCHOOL!

6

Triple Crunch  
Chicken Sandwich  
Rice Pilaf  
Green Peas  
Fruit & Milk

7

Penne Pasta  
w/Chicken Broccoli  
Alfredo  
Mini Garlic Toast  
Fruit & Milk

8

Zesty Orange Chicken  
Rice  
Stir Fry Veggies  
Citrus Salad  
Fruit & Milk

9

Popcorn Chicken  
Salad  
French Bread  
Pineapple  
Fruit & Milk

12

Minh Egg Roll  
Chicken Nuggets  
Steamed Rice  
Hot Vegetable  
Milk

13

Hot Ham & Cheese OR  
Turkey & Swiss  
Baked Beans  
Herb Mashed Potatoes  
Fresh Fruit & Milk

14

Meatball & Pepperoni  
Sub Sandwich  
Savory Wedges  
Corn  
Fruit & Milk

15

Chicken Quesadillas  
Potato Oles'  
Broccoli  
Mini Cinnamon Roll  
Fruit & Milk

16

Chicken Patty on  
Whole Wheat Bun  
Wild Rice Blend  
Green Beans  
Fruit & Milk

19

Chicken w/Gray and  
Mashed Potatoes  
Green Beans  
Country Biscuit  
Fruit & Milk

20

Toasted & Italian OR  
BBQ Chicken Sub  
Savory Wedges  
Fruit & Milk

21

Spaghetti w/Meat  
Sauce  
French Bread  
Garden Salad  
Fruit & Milk

22

Jumbo Hot Dog  
Pasta Salad  
Citrus Salad  
Milk

23

Triple Fish OR  
Cheeseburger on  
Whole Wheat Bun  
Tater Tot Hot Dish  
Fruit & Milk

26

Shrimp Poppers  
Macaroni & Cheese  
Green Beans  
Whole Wheat Roll  
Fruit & Milk

27

Chicken Lo Mein  
Minh Egg Roll  
Stir Fry Vegetables  
Fruit & Milk

28

Mini Corn Dogs  
Oven Fries  
Baked Beans  
Fruit & Milk

29

Mini Taco Quesadilla  
Potato Oles'  
Broccoli  
Mini Cinnamon Roll  
Fruit & Milk

30

Spicy Chicken Patty on  
Whole Wheat Bun  
Garlic Mashed Potatoes  
Corn  
Fruit & Milk